



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Locations Activity Room (AR) Dining Room (DR) Library (LIB) Lobby (LOB) Patio (PAT) Pub (PUB)	Happiest Birthday to our July Birthdays!!! 1 - John V. 5 - Rev. Linzy C. 10 - Penny S. 13 - Laurie M. 19 - Stephen L. 24 - Connie L. 25 - Maxine B.	11:00 Menu & Activity Planning Mtg (DR) 01 1:15 BINGO w/ Micaela (AR) 3:00 Bingo Store OPEN (AR) 3:00 Men's Club (PUB) 4:00 Walking Club (LOB)	10:00 Morning Mindfulness w/ Anke (LOB) 02 11:00 Exercise Class (WC) 1:00 Creative Crafting (AR) 2:30 Movie & Popcorn (LIB) 6:30 True Crime TV Night (LIB)	10:30 Friday Outing: Target (LOB) 03 11:00 Hair Salon w/ DeLana (11-1pm) (AR) 3:00 Independence Day Happy Hour! (w/ Lena Adams) (DR) 6:00 Evening Euchre (PUB)	Independence Day 04 8:00 Manager on Duty 10:00 Movin' w/ Mike D. 1:15 BINGO by John (AR) 4:00 Walking Club (LOB)
8:00 Manager on Duty 05 10:00 Wii Sports Bowling League (AR) 1:00 Sunday Service w/ Rev. Linzy (AR) 3:00 Wild Cards Club (PUB)	1:00 Local Snackin' in lobby 06 9:30 WalMart Shopping (LOB) 1:15 Anything Can Happen BINGO (AR) 6:30 Rev Linzy Bible Talk (LIB)	10:00 Coffee w/ Val (LOB) 07 11:00 Exercise Class (WC) 1:00 DeLana's Nail Salon (AR) 1:00 Coralville Library Book Bike (PAT) 3:00 Senior Sidekick 6:30 Bible Study w/ Pastor Richard (LIB)	11:00 Better Days Family Meeting (Teams/In-person) 08 1:15 BINGO w/ Micaela (AR) 3:00 Bingo Store OPEN (AR) 3:00 Men's Club (PUB) 4:00 Walking Club (LOB)	10:00 Morning Mindfulness (LOB) 09 11:00 Exercise Class (WC) 1:00 Creative Crafting (AR) 2:30 Movie & Popcorn (LIB) 6:30 True Crime TV Night (LIB)	10:30 Friday Outing: Hyvee (LOB) 10 11:00 Hair Salon w/ DeLana (11-1pm) (AR) 3:00 Happy Hour- Ice Cream Sundae Bar! (DR) 6:00 Evening Euchre (PUB)	8:00 Manager on Duty 11 10:00 Movin' w/ Mike D. 1:15 BINGO by John (AR) 4:00 Walking Club (LOB)
8:00 Manager on Duty 12 10:00 Wii Sports Bowling League (AR) 1:00 Sunday Service w/ Rev. Linzy (AR) 3:00 Wild Cards Club (PUB)	1:00 Local Snackin' in lobby 13 9:30 WalMart Shopping (LOB) 1:15 Anything Can Happen BINGO (AR) 3:00 Social Sippers Society: BOBA Refreshers (PUB) 6:30 Rev Linzy Bible Talk (LIB)	10:00 Coffee w/ Val (LOB) 14 11:00 Exercise Class (WC) 1:00 Self Care & Relaxation 2:00 Mass Service (PUB) 3:00 Senior Sidekick 6:30 Bible Study w/ Pastor Richard (LIB)	1:15 BINGO w/ Micaela (AR) 15 3:00 Bingo Store OPEN (AR) 3:00 Men's Club (PUB) 4:00 Walking Club (LOB)	10:00 Morning Mindfulness (LOB) 16 11:00 Exercise Class (WC) 1:00 Creative Crafting (AR) 2:30 Movie & Popcorn (LIB) 6:30 True Crime TV Night (LIB)	10:30 Friday Outing: Target (LOB) 17 11:00 Hair Salon w/ DeLana (11-1pm) (AR) 12:00 Emoji Themed Happy Hour COOKOUT! (DR) 1:00 Greif Support Group (1p-Pub) (P) 6:00 Evening Euchre (PUB)	8:00 Manager on Duty 18 10:00 Movin' w/ Mike D. 1:15 BINGO by John (AR) 4:00 Walking Club (LOB)
8:00 Manager on Duty 19 10:00 Wii Sports Bowling League (AR) 1:00 Sunday Service w/ Rev. Linzy (AR) 3:00 Wild Cards Club (PUB)	1:00 Local Snackin' in lobby 20 9:30 WalMart Shopping (LOB) 1:15 Anything Can Happen BINGO (AR) 3:00 Craft Plan/Prep with Micaela (AR) 6:30 Rev Linzy Bible Talk (LIB)	10:00 Coffee w/ Val (LOB) 21 11:00 Exercise Class (WC) 1:00 DeLana's Nail Salon (AR) 3:00 Senior Sidekick 6:30 Bible Study w/ Pastor Richard (LIB)	1:15 BINGO w/ Micaela (AR) 22 3:00 Bingo Store OPEN (AR) 3:00 Men's Club (PUB) 4:00 Walking Club (LOB)	10:00 Morning Mindfulness (LOB) 23 11:00 Exercise Class (WC) 1:00 Creative Crafting (AR) 2:30 Movie & Popcorn (LIB) 6:30 True Crime TV Night (LIB)	10:30 Friday Outing: Hyvee (LOB) 24 11:00 Hair Salon w/ DeLana (11-1pm) (AR) 3:00 Gorgeous Grandma Day- Happy Hour Tea Party (DR) 6:00 Evening Euchre (PUB)	8:00 Manager on Duty 25 10:00 Movin' w/ Mike D. 1:15 BINGO by John (AR) 4:00 Walking Club (LOB)
8:00 Manager on Duty 26 10:00 Wii Sports Bowling League (AR) 1:00 Sunday Service w/ Rev. Linzy (AR) 3:00 Wild Cards Club (PUB)	1:00 Local Snackin' in lobby 27 9:30 WalMart Shopping (LOB) 1:15 Anything Can Happen BINGO (AR) 3:00 Social Sippers Society: CEDAR RIDGE (PUB) 6:30 Rev Linzy Bible Talk (LIB)	10:00 Coffee w/ Val (LOB) 28 11:00 Exercise Class (WC) 1:00 Self Care, Relaxation & Chair Massages (AR) 3:00 Rosary Service  (PUB) 3:00 Senior Sidekick 6:30 Bible Study w/ Pastor Richard (LIB)	1:15 BINGO w/ Micaela (AR) 29 3:00 Men's Club (PUB) 3:00 Bingo Store OPEN (AR) 4:00 Walking Club (LOB)	10:00 Morning Mindfulness (LOB) 30 11:00 Exercise Class (WC) 1:00 Creative Crafting (AR) 2:30 Movie & Popcorn (LIB) 6:30 True Crime TV Night (LIB)	10:30 Friday Outing: Target (LOB) 31 11:00 Hair Salon w/ DeLana (11-1pm) (AR) 12:00 INVITE A FRIEND July Birthday Celebration Cookout! (DR) 6:00 Evening Euchre (PUB)	